



Fireside Chat with Dr. Patrick Arbore On Effective Communication Program Summary

We are social creatures and effective communication is key in creating healthy relationships. We communicate in many ways, through words, body language and expression. This fireside chat will provide communication insights and provide opportunities for your questions and communication concerns.

Dr. Arbore began his career in the field of aging in 1973. He is the founder and the Director of the Center for Elderly Suicide Prevention and Grief Related Services (CESP), a program now of the Institute on Aging in San Francisco. Patrick also serves as the Director of Staff Development/Leadership & Training at the Institute on Aging. Patrick conducts workshops and presents lectures locally and nationally on aging related subjects.

Dr. Arbore is the author of numerous articles and book chapters on suicide prevention, bereavement, suffering, etc., including a chapter he co-authored entitled "Suffering and the Caring Professional" in *When Professionals Weep: Emotional and Countertransference Responses in End-of-Life Care* (2006) edited by Katz, R. & Johnson, T. A. He is a current member of the Editorial Board of Dimensions, a quarterly newsletter of the Mental Health and Aging Network, a publication of the American Society on Aging. He is also a Senior Lecturer in the Human Services Division at Notre Dame de Namur University in Belmont, CA. Patrick also is a part-time Lecturer in the School of Social Work at the University of California, Berkeley. He was the co-recipient of the 2002 Gloria A. Cavanaugh Award for excellence in training and education in aging presented by the American Society on Aging.

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