



Brain Boosters Kristen Einberger

Program Summary

Kristin Einberger has been working with adults for thirty years in the fields of social work and adult education. Her focus over the last eight years has been in the area of memory enhancement, specializing in early memory loss.

She is currently a consultant with the City of Fairfield, acting as Program Director for an adult day program and facilitator for an early memory loss group. She has co-authored four books with Janelle Sellick: a technical manual for the Brookdale Foundation entitled *How to Develop a Social Day Program for People with Early Memory Loss*, *Strengthen Your Mind activity books, volumes 1 & 2*, and most recently, *Strengthen Your Mind Program: A Memory Enhancement Course*. She has also co-authored a curriculum for facilitators of early memory loss programs entitled *Illuminate*.

Kristin has also developed an activity card set entitled *Sharpen Your Senses*. In addition, she consults with organizations in developing early memory loss programs and teaches memory enhancement classes at a variety of locations. She has spoken at conferences and workshops on a national, state and local level about dementia care programs, caregiving and early memory loss.

Kristin is available for consultation on starting early memory loss programs, activities for people with early memory loss, caregiving issues and memory enhancement classes. She is also available to teach classes on memory improvement.

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